

Air Force Prime Time, a weekly news magazine for and about airmen stationed overseas, airs Thursday evenings at 8:25 p.m. Central European Time on AFN television. In this week's edition, a new idea at Spangdahlem Air Base lets sick airmen call in sick for sick-call, learning the right way to run a base wartime exercise and more.



## News briefs

### Software training

The 52nd Communications Squadron software training programs section offers a new intermediate and advanced Access course Thursday. Participants must know Access basics before registering. Call 452-5384 to register or for details.

### Tax help

The Spangdahlem Air Base tax shelter opens 8 a.m. to 4 p.m. Tuesday, Wednesday and Thursday for walk-in assistance and appointments through June. Walk-in assistance is also available 9 a.m. to noon Saturday through March 10. Appointments, which take precedence over walk-in service, are available through unit tax advisors. Visit the intranet for the unit tax advisor list or call 452-6572.

### Awards banquet

The 52nd Fighter Wing annual awards banquet takes place Feb. 24 in the Spangdahlem Air Base fitness center. This year's theme is, "America's Air Force - No One Comes Close." Special guest speaker is Maj. Gen. Kenneth Hess, 3rd Air Force commander. Tickets cost \$20 and are available through unit first sergeants through Feb. 20.

### Government credit cards

Beginning Jan. 31, Bank of America began reporting travel accounts with past due balances exceeding 210 days past due. As of April 1, Bank of America will begin reporting all canceled individually billed travel accounts. For both types of accounts, the reports will be sent to credit report agencies.

Cardholders, whose travel card account is canceled but not yet charged off, can avoid being reported to credit bureaus if the account is paid in full before charge off and April 2. There will be no extensions or exceptions to

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# Eifel Times

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Spangdahlem Air Base, Germany

Feb. 2, 2001



Staff Sgt. Airman 1st Class Michelle Roudil

An accident involving local drivers resulted in severe injuries and blocked B-50 for two hours, according to local newspaper reports. The truck lost control and swerved into the other lane and collided with an on-coming vehicle.

## Wing policy targets passing

By Capt. Glen Roberts  
52nd Fighter Wing Public Affairs

In an effort to reduce accidents and improve the wing's safety record, wing officials signed into effect a new policy this week that will ban most passing on the Eifel's busiest road.

Effective Monday, American-plated vehicles will no longer be allowed to pass any vehicle traveling at least 40 kilometers per hour along the nine-mile stretch of road between Binsfeld and the Bitburg Annex. When passing slow-moving vehicles, drivers have the responsibility to do so only in locations where passing is safe and authorized by German traffic laws.

Daily, 3,000 vehicles transit B-50, according to Tech. Sgt.

Franklin McElhane, 52nd Security Forces Squadron.

"With housing, schools, the hospital and military operations on one base or the other, the bulk of that traffic, especially at peak times, belongs to members of the wing," McElhane said.

Inevitably, with that amount of traffic on a narrow road filled with twists, tight turns, steep peaks and rapid drops, there's going to be some accidents, wing officials said. In fact, it's long been rumored B-50 is the most dangerous road in Germany, said Lt. Col. Steve Asher, 52nd SFS commander. Asher said the Wittlich polizei recently verified B-50 as the

See PASSING, Page 2

## Quick pace of desert mission maintains morale

By Staff Sgt. Cindy Maier  
363rd Air Expeditionary Wing Public Affairs

Anyone who has been on a deployment before will say the best way to get through it is to stay busy. There's at least one group of people at Prince Sultan Air Base, Saudi Arabia, who said they agree with that philosophy considering they haven't had a chance to prove it wrong.

The 15 people from the 363rd Expeditionary Supply Squadron base service store and individual equipment unit say they don't know what day it is most of the time, but they wouldn't want it any other way.

Staff Sgt. Ruquayyah Ervin, retail sales, said keeping supplies in stock for the nearly

3,500 people at PSAB is a challenge.

"Being here with such a high turnover rate keeps us busy. Since we serve the whole base, it's hard to make sure we have everything everyone wants," she said. "We want to make everyone happy."

Managing an inventory totaling more than \$1 million, Ervin, who is deployed to PSAB from Royal Air Force Lakenheath, England, said it's easy to get low on a few individual items, especially certain sizes of desert uniforms, which must come from the states.

When it comes to office supplies, it's not as difficult. Ervin and her co-workers manage contracts with vendors on the local economy. She said they have a good working

relationship with the vendors, which makes their jobs a lot easier.

"It takes a lot to get an order through, so maintaining good relationships is key," Ervin said. "Once we call our order in, it takes about a week to get the items. We have to pick it up at the Royal Saudi Air Force gate, take it to be searched and then stock it."

Airman 1st Class Addrick Santiago Otero, retail sales, said this is also his first time working in an individual equipment unit. "It's a great job. I like it a lot. It's really busy, and that makes the time go by faster so I can spend time with my wife."

Otero, and his wife Angela, are deployed to PSAB from Spangdahlem AB. Angela, a

senior airman, is also in supply and works in customer service. Newlywed since August, the couple volunteered to deploy here. Otero said he enjoys being here because of the weather and his job.

Tech. Sgt. James Nichols, 363rd Expeditionary Maintenance Squadron, was so pleased with his service from the supply store, he sent an e-mail to the staff. In the email to Peters he wrote, "The folks you have working for you are not only professional in their appearance, but more importantly in their customer service. From the moment I first visited the store, those behind the counter, as well as those behind the scenes, have been more than helpful each time."

## Passing

Continued from Page 1

one of the most dangerous road in all of Germany.

"This stretch of B-50 clearly is where the bulk of our major accidents are taking place," Asher said. "But you can't just blame the road. Drivers need to be responsible for their own actions, and speeding and passing are the two most common causes of accidents for us."

To address the problem, wing officials implemented the new policy for all wing members and families operating U.S. Army Europe-plated vehicles.

"I've thought about this policy for some time, but wasn't convinced it was absolutely necessary," said Brig. Gen.

Don Hoffman, 52nd Fighter Wing commander. "But if you take a look at our accident statistics, it's clear something has to be done. This may inconvenience some folks, particularly those who travel B-50 daily, but if it saves even one life, then it's well worth it."

To make the policy effective, officials have given it some teeth, with strong penalties for offending drivers. People who violate the no-passing policy will have their driver's privileges suspended for a minimum of seven days for their first offense. If drivers cause a vehicle accident as a result of improper passing, their driving privileges will be suspended for a minimum of 180 days.

Double points will also be assessed against people's

USAEUR license for speeding or driving too fast for conditions on B-50.

If a wing member receives two speeding violations on B-50 within 12 months, their license will be suspended for 180 days and the driver must attend a driver's improvement course.

"These penalties may seem severe, but unfortunately, they're necessary," Hoffman said. "I think they show just how serious we are about driving safety. But I think the bottom line is simple: take your time, leave early, be patient and arrive safe. That's really the best protection for yourself and your family."



Courtesy photo

### Dorm of the quarter

Colonel Gregg Sanders (front), 52nd Support Group commander, and a member of the dorm of the quarter inspection team walk through a base dormitory recreation room. Dormitory 333 on Spangdahlem Air Base took first place for the fourth quarter, 2000, winning a prize of \$1,000 for quality-of-life facility improvements.

## Accidents

By Senior Airman Kassandra Watts  
52nd Security Forces Squadron  
Reports and Analysis

During the past week, Eifel drivers suffered 20 accidents – two major and 18 minor.

Both major accidents occurred on icy roads. The first was a 1992 BMW traveling from Spangdahlem Air Base toward Speicher on the L-46. The American driver lost control of his car while making a right turn. The vehicle sustained major damage consisting of dents to the entire driver's side of the vehicle and the front bumper was completely ripped off.

The second accident also involved an American driver operating a BMW on L-46

near the Herforst turnoff. The driver slid into a ditch while negotiating a turn.

Both vehicles involved in the two major accidents were towed, but the drivers escaped injury.

The 18 minor accidents in the Eifel this week totaled \$5,360 in damage costs. Seven of the accidents occurred in parking lots with nine accidents involving drivers backing up. This emphasizes the need for caution when entering a parking lot or backing out of a parking space.

Four accidents were a result of ice on the roads. Drivers need to remember bridges freeze first and may be icy when the rest of the road is not.

### One for the road:

If you have to scrape ice off your windshield, the roads are probably icy also. Adjust your driving speeds for conditions and take it easy on curves.

## Briefs

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the bank's credit bureau reporting policy.

Visit or call unit agency program coordinators for more information concerning government credit card payment policies.

### Bank hours

The Spangdahlem Air Base Community Bank branch opens 9 a.m. to 12:30 p.m. Feb. 20. The Bitburg Annex branch opens 9 a.m. to noon the same day. Call 452-6773 for more information.

### Prayer breakfast

The Spangdahlem Air Base national prayer breakfast takes place at 7 a.m. Feb. 21 in the Saber Club. Tickets cost \$5 and are available through unit first sergeants and the Spangdahlem AB Chapel. Call 452-6711 for details.

### Honor guard

Recruiting continues for people willing to serve with this elite organization. Call Tech. Sgt. Malik Sultan or Staff Sgt. Jeanna Morgan at 452-6783 for more information.

### 24-hour healthcare access

The personal health advisor line is another option available to all eligible beneficiaries, including retirees, Defense Department civilians and contractors. Specially trained registered nurses are available 24 hours to provide assessments for routine healthcare decisions, counseling for more complex healthcare issues, and prevention and health

educational information. Additionally, they offer an audio-video library on a variety of health care topics.

Call the PHA line toll-free from Germany by dialing 0800-825-1600. All other TRICARE Europe areas can call toll-free at 888-866-7943. Call the TRICARE Service Center at 06561-69-3100 or 453-3100 for more information.

### Transitioning Web site

The Department of Defense's new internet resource for service members leaving active duty came online Monday. Dubbed the DOD Transportal and located at [www.dodtransportal.org](http://www.dodtransportal.org), the Web site is designed to be the doorway to internet transition and job assistance information and services for departing service members and their spouses. The online service is intended to complement the existing network of transition assistance offices at more than 212 major military installations worldwide.

The Web site has three main features. "Transition Assistance" provides a brief overview of the DOD Transition Assistance Program, including a general discussion of all benefits and services available to servicemembers and their families. "At Your Service" provides the locations and phone numbers of all transition assistance offices worldwide and links to other transition-related Web sites.

The last feature, "Your Next Career," provides mini-courses on conducting a successful job search campaign and creating resumes; information on avoiding internet scams; and links to job search web sites and corporate recruiting sites. There's also a suggested reading list of books that can be used as job search resources.

### Sexual harassment hot line available

RANDOLPH AIR FORCE BASE, Texas — Senior Air Force leaders want military and civilian employees to remain aware of the service's sexual harassment hot line.

The Air Force Personnel Center operates the hot line, which is set up to receive sexual harassment and other forms of discrimination inquiries. The numbers are toll-free 1-800-558-1404, DSN 665-2949 or commercial (210) 565-2949.

"First, we expect our people to use their chain of command," said Maj. Gen. Richard E. Brown, AFPC's commander. "However, the hot line offers another channel of communication for those who have a question, concern or complaint about sexual harassment or discrimination. The Air Force has 'zero tolerance' for sexual harassment and discrimination and we take each call very seriously."

An AFPC Call Center representative answers each call to the hot line. Callers with a sexual harassment or discrimination concern are forwarded to a military equal opportunity counselor. Counselors ensure callers understand the avenues available to them and complaints are channeled to the proper authority. Counselors are available to take calls during normal duty hours, 7:30 a.m. to 4:30 p.m. CST. After normal duty hours, voice mail is available for callers to leave messages. After-hours phone calls are returned the following duty day.

Counselors are available 24 hours a day for emergencies, or when an immediate response is desired. The call center voice mail will instruct callers how to reach an after-hours counselor. (Air Force Print News)

# Class offers parents alternatives to arguing

Encouraging good behavior through praise key to closing adult, child communication gaps

By Senior Airman Jennifer Lindsey  
52nd Fighter Wing Public Affairs

Communicating with children and youth can be a challenge — even Spangdahlem Air Base psychologists agree. The key is understanding “how” to communicate with youth and that’s the focus of the EDIS Parenting Class beginning at 4:30 p.m. Wednesday.

“This class is for anyone wanting to learn more positive ways to relate with children,” said Capt. Jill Scheckel, 52nd Medical Group Educational and Developmental Intervention Services clinical psychologist. “Through this class, we’re hoping to help parents feel more effective in their parenting skills and offer new ways to relate to their children.”

In addition to enhancing communication, the EDIS Parenting Class also suggests methods parents can use to discourage children’s negative behaviors such as whining, arguing, tantrums and sibling rivalry, said Michelle Holloman, 52nd MDG EDIS psychology master’s intern. Course teachings are based on the book, “1,2,3 Magic,” by Dr. Thomas Phelan.

“The book offers a lot of practical tips on how to get your children to stop doing what you don’t want them to do and how to get them to start doing those things you need them to do, such as going to bed on time,” Holloman said.

Three topics the class will cover include:

## ■ Praising the positive

Course instructors will offer different ways to praise children and show affection so children’s appropriate behaviors happen more often, Holloman said.



Senior Airman Esperanza Berrios

**Spangdahlem Air Base resident Norma Von-Kriegenbergh reads to her children Brandon, age 6, Connor, age 22 months, and Bryson, age 3. Rewarding children with a story after naptime if they take their nap without arguing is a way to encourage good behavior and show attention.**

## ■ Encouraging positive behaviors

Because verbal praise doesn’t always work in getting children to behave as parents want them to, the class also suggests varying methods to encourage positive behavior, Holloman said. One is charting behavior — listing behaviors parents would like to encourage in their children and as the behaviors are done, the child gets points that add up to achieve an award, such as a special treat or an allowance.

## Other parenting classes

Spangdahlem Air Base offers many courses designed to improve parent and young child relationships. Call the numbers listed for times, dates and places of the next available class.

- Bunny Club playgroup, 453-3128
- Fine-tuning fatherhood, 453-3129
- Ready, set, grow, 453-3130
- Parenting preschoolers, 452-8279

## ■ Building communications and self-esteem

In building communication with children, parents can discourage undesirable behaviors, such as arguing, by increasing positive comments to children, Holloman said. This not only is a good way to promote open communication, but is also a way to build children’s self-esteem by making them feel good about themselves through positive conversations, rather than arguments.

The end goal is to be able to speak with children about a host of other things, such as what they did in class that day instead of why they didn’t do their chores.

The four-session course begins Wednesday and continues at 4:30 p.m. each Wednesday through Feb. 28. Because course instructors will encourage open parental discussion, children won’t be permitted in the classroom.

Call 452-8238 for class location on base and to register.

# AF uses community approach in suicide prevention

By Leigh Anne Bierstine  
Air Force Surgeon General Public Affairs

**WASHINGTON** — One Air Force suicide is one suicide too many, according to Lt. Gen. Paul Carlton, Air Force surgeon general.

The surgeon general is trying to combat suicides by instilling in every Air Force member that it’s a community problem. That philosophy is the basis for the Air Force’s community approach to suicide prevention.

“We have to stop thinking of suicide prevention as something only mental health professionals do,” Carlton said.

“All of us have a responsibility to our fellow airmen and co-workers,” he explained.

“Recognizing when a person is having problems and actively encouraging that person to seek help is a vital part of suicide prevention.

The Air Force isn’t alone in its battle against suicide. Nearly 31,000 people commit suicide annually in the United States. Twenty-one active-duty Air Force people committed suicide in 2000, according to the casualty services branch of the Air Force Personnel Center.

Raising suicide awareness isn’t enough, said Lt. Col. Wayne Talcott, who leads the Air Force’s suicide prevention team.

“Our pilots are responsible for early signs of problems with their jet engines, so

mechanics can intervene before engine failure occurs,” Talcott said. “In the same way, we expect our commanders, first sergeants and supervisors at every level to be responsible for their co-workers and watch for early signs of problems so we can intervene early.”

Talcott suggest people be alert for the following warning signs that may signal suicide intent:

- Preoccupied with death and dying
- Talk about committing suicide
- Make final arrangements for death
- Trouble eating or sleeping
- Drastic changes in behavior

■ Withdrawal from friends or social activities

■ Loss of interest in work, school, etc.

■ Give away prized possessions

■ Take unnecessary risks

■ Loss of interest in personal appearance

■ Increased use of alcohol and drugs

For more information on what to do if a member encounters someone with these signs, immediately call the chaplain’s office at 452-6711 or 452-6141 after normal duty hours; 52nd Medical Group mental health clinic at 452-6610; family advocacy at 452-8279 or on the Bitburg Annex at 453-3130, or the family support center at 453-7491. (Air Force Print News)

# Dental clinic offers tips to ensure bright future for children’s teeth



Senior Airman Esperanza Berrios

**Col. (Dr.) Nicholas Levering, 52nd Dental Squadron, shows 6-year-old Christopher Infante how to properly brush his teeth.**

By Airman 1st Class Christopher Cortalano  
52nd Dental Squadron

The way children care for their bodies today will have an impact on their health years from now. The good news for parents is preventive dental care has greatly improved the oral health care of American children. It’s now possible for children to reach adulthood without ever experiencing tooth decay.

February is National Children’s Dental Health Month and the 52nd Dental Squadron offers these tips to help children develop and maintain proper oral hygiene:

■ Children should see the dentist regularly, beginning with their first birthday.

■ Only put water in naptime bottles to lower the risk of baby tooth decay.

■ Start brushing children’s teeth with water as soon as the first tooth appears. The habit of flossing should begin as soon as two teeth begin to touch.

■ Brush and floss children’s teeth daily until they can do it properly on their own.

■ Ensure children get the proper amount of fluoride needed for decay-resistant teeth. Ask the dentist for information about how to do this.

■ Ask the dentist if dental sealants, a thin protective barrier that shields the chewing surface of back teeth against tooth decay, would be a good idea for your children.

Good oral health practices should begin in infancy and continue throughout adult life. Parents need to provide this care throughout a child’s early years and should continue instructing, monitoring and motivating children to help maintain good oral hygiene. Attitudes and habits established at an early age are critical in maintaining a healthy smile for a lifetime.

Visit the American Dental Association Web site at [www.ada.org](http://www.ada.org), or call the 52nd Dental Squadron at 452-8193 for more information.





## Community Mailbox

### Black history month events

■ Royal Heritage Ensemble sings at 3 p.m. Saturday in the Spangdahlem Air Base Community Activities Center.

■ BCAA Gospel Explosion takes place at 4 p.m. Feb. 17 in the Bitburg Annex Chapel.

■ A black heritage month banquet takes place at 6 p.m. March 3. Location is to be determined.

Call David Lewis at 452-7068 or 0175-3749256 for details.

### AAFES closures

Army Air Force Exchange Service facilities close the following dates for inventory:

#### Bitburg

■ Car care center – Saturday

#### Spangdahlem

■ Car care center, military clothing sales – Saturday

### SSEMC meeting

The Spangdahlem Air Base Spouses and Enlisted Members Club accepts nominations for the 2001/2002 executive board. A meeting concerning nominations takes place at 6 p.m. Monday. Call Andy Harper at 452-5124 for meeting location or details.

### Parenting preschoolers

Parenting classes take place 10 a.m. to noon various days in the Spangdahlem Air Base housing unit 422-C social room. Part two, about children 1-2 years old, takes place Tuesday. Part three, about children 2-3, takes place Feb. 13. Call Dr. Suzanne Furman at 452-8282 to register or for more information.

### Spelling bee

The Spangdahlem Middle School spelling bee takes place at 1:45 p.m. Thursday. Students who want to participate can get a word list from their prime-time teacher. The winner goes on to attend a



Senior Airman Esperanza Berrios

### Calling all Dads

**Don Armell, Vogelweh Elementary School kindergarten teacher, speaks to Spangdahlem Air Base members Tuesday about the importance of male volunteerism in schools. School volunteers can assist teachers, read books to students during story hour or tutor students who need extra help in certain subjects. Call base school offices to volunteer or for more information.**

regional spelling bee. Call Rebecca Pryor at 06562-966903.

### Bitburg elementary news

■ The school nurse seeks volunteers to assist with dental screenings 8:30 a.m. to 2:30 p.m. Feb. 20-23. Call Tammy Dean at 453-7805 for details.

■ The playground by the school is closed for repair until further notice.

■ A Parent, Teacher Association membership meeting takes place at 6 p.m. Tuesday in the school cafeteria.

Call the school at 453-7215 for details.

### Family support center news

■ Drawing lessons for students in third through 12th grade take place 6-8 p.m. each Wednesday.

■ Creative critters art and music classes for children 18 months to four years old takes place 10-11 a.m. each Monday.

■ The federal job application workshop takes place 8 a.m. to noon Monday.

■ A communications skills series takes place 6-8 p.m. Wednesday and Feb. 21.

■ A class enhancing interview skills takes place 1:30-3:30 p.m. Thursday.

■ A class about individual retirement accounts takes place 6-8 p.m. Thursday.

■ Cooking 1,2,3 takes place 5:30-7 p.m. Thursday.

Classes take place in Bitburg Annex building 2001. Call the family support center at 453-7491 to register or for details.

### Spangdahlem elementary news

■ The Spangdahlem Elementary School Parent, Teacher, Student Association student talent show and art contest awards presentation take place at 6 p.m. Thursday. Call Donna Lennemann at 06562-932566 for details.

■ The first- and second-grade drama club presents "Anansi and the Moss Covered Rock" at 6:30 p.m. Feb. 22 in the school's original gym.

Call the school at 452-6881 for details.

### Ardenne march

The World War II Society in Europe co-sponsors the 82nd Airborne Ardenne march

Feb. 17 in northern Belgium. The 13-mile march commemorates the heroic actions of the 82nd Airborne Division during the Battle of the Bulge, which took place from 1944-1945.

Cost of \$59 per person includes round-trip transportation, lunch, dinner and a commemorative certificate. Payment deadline is Feb. 9. Call the society at 06507-8292 or 06507-802616 for details.

### Council meeting

The Eifel Parents Advisory Council meets noon to 1:30 p.m. Feb. 15 in the Spangdahlem Air Base Community Activities Center. Call Staff Sgt. Valerie Dennis at 452-8325 for details.

### Learning new skills

The 52nd Services Squadron skills development centers offer the following classes:

Classes on Spangdahlem AB take place in building 189. Call 452-6841 to register.

■ Scrap booking takes place 5:30-7:30 p.m. Wednesday and 5:30-8:30 p.m. Thursday. Cost is \$15.

■ Tole painting takes place 6-8 p.m. Feb. 19. Cost is \$15.

■ Auto mechanics takes place 5-7 p.m. Feb. 14 and 21. Cost is \$20.

■ Framing takes place 9:30 a.m. to 1:30 p.m. Feb. 10. Cost is \$25.

Classes on Bitburg Annex take place in building 2002. Call 453-6314 to register.

■ Tole painting takes place 6-8 p.m. Feb. 21. Cost is \$15.

■ Beginner quilting takes place 6-8 p.m. beginning Monday. It continues each Monday through March 15. Cost is \$35.

■ Beginner quilting also takes place noon to 2 p.m. Thursday. It continues each Thursday through March 15. Cost is also \$35.

### Women's group

Circle of Friends, a new women's group focusing on building friendships, skills development, employment opportunities and self-sufficiency meets noon to 1 p.m. each Wednesday in the Spangdahlem Air Base housing unit 422-C social room. Call Connie Ketchum at 452-8279 for details.

## Movies

All movies play at 7 p.m. unless otherwise indicated.

**Bitburg Castle**

Tonight

**Miss Congeniality (PG-13)**

FBI agent, Gracie, poses as Miss New Jersey in the "Miss Liberty" pageant while trying to prevent a terrorist group from bombing the event. Along the way, she crosses paths with Vic, the image consultant who must transform Gracie with the use of Vaseline and duct tape, and the pageant host who just learned his days of crooning and crowning are numbered.

Saturday

**Miss Congeniality**

Sunday

**Bedazzled (PG-13)**

In this remake of the 1967 comedy, the devil promises a hapless nerd seven wishes in exchange for his soul. The software tech advisor agrees, hoping to use his wishes to win the woman he loves. Unfortunately, his wishes don't take shape quite the way he imagines they will. The devil must put her own little twist on each of his fantasies. (Sex-related humor, language and drug content.)

Closed Monday and Tuesday

Wednesday

**The Contender (R)**

A U.S. Senator whose bid for the vice presidency is jeopardized when another senator digs up a sexual scandal from her past. (Sexual content and language.)

Thursday

**Dr. T and the Women (R)**

Dr. T is a man at the top of his game, a rich and successful gynecologist whose "religion" is women. He is loving and giving to each and every one at all times until a higher force decides to test his faith. Once a man in complete control of his universe, Dr. T now finds himself buffeted by chaos and confusion. (Nudity and sexuality.)

**Spangdahlem Skyline**

Tonight

**Cast Away (PG-13)**

An express mail systems engineer whose personal and professional life is ruled by the clock, must transform himself physically and emotionally to survive a crash landing on a deserted island.

Saturday

**Cast Away**

Sunday

**Charlie's Angels (PG-13)**

Jumping out of planes, rewiring computers, going undercover - it's all in a day's work for Charlie's Angels as they must dish out equal doses of cool detective work, combat skill and lethal feminine charm to survive their riskiest assignment ever. (Violence, sensuality and nudity.)

Monday

**Charlie's Angels**

Tuesday

**Little Nicky (PG-13)**

Little Nicky has two bullies for older brothers and his dad is the devil. When dad decides not to make his brothers the heir to his evil throne, they leave, bent on creating their own hell on Earth. (Sexual humor, drug content and language.)

Closed Wednesday and Thursday

Times and movies are subject to change.  
For the most current information,  
call 453-7541.

# Ski Germany's tallest mountain

## Zugspitze offers 'snow worshippers' high-altitude winter activities

By Iris Reiff

52nd Fighter Wing Public Affairs

People who have been there say that it is a must for every skier, to visit Germany's highest peak and skiing resort, the Zugspitze, located in Garmisch-Partenkirchen.

During winter, thousands of skiers and snowboarders flock to Garmisch-Partenkirchen to try out the slopes that famous athletes have skied on for the World Cup Ski Championships.

On the 2,964-meter mountain, visitors can find perfect snow and skiing conditions from November through the end of May. Many visitors claim it's an unforgettable experience to stand on the summit, with the sun on the glacier above the clouds, enjoying the breathtaking view of Germany, Switzerland, Austria and Italy.

"We have a total of nine ski lifts and a chair lift which carry 12,000 visitors per hour to a wide variety of ski runs," said a Garmisch-Partenkirchen official. "There are endless ski slopes and terrains for beginners and advanced athletes throughout the entire Zugspitze area."

A cog-wheel train and cable cars transport people up and down the mountain daily.

The Zugspitze mountain isn't only an ideal site for skiers, but also an attractive meeting point for snowboarders. It's interesting to watch people of all ages try their luck at the popular snowboarder's Nature Fun Park located on the wide, treeless "Zugspitzplatt" area.

Rental equipment for both skiers and snowboarders is available at the Zugspitzplatt Ski and Snowboard Center. A variety of ski passes for the entire area can



Courtesy photo

**Zugspitze mountain is Germany's most popular ski resort.**

be purchased at different costs. Restaurants and chalets offer a place to warm up and eat.

For non-skiers, there's plenty to do and see on the mountain. Hiking, sunbathing and relaxing in the climate are popular activities. Other attractions include the "Schneefieberhaus," or ecological station, Germany's highest altitude church, a weather station and an Alpine refuge. A view of a mountain lake, the Eibsee, is worthwhile.

For people who prefer being indoors, a

450-square meter art gallery is an attraction where nature and art meet. Starting February, works by influential European contemporary artists are on display in the light-filled halls of the gallery. A view of the surrounding peaks adds to the visit.

Mountain festivals and parties, dancing performances and famous skiing championships take place year-round at the Zugspitze and other skiing resorts in the Garmisch area. Call 08821-797979 for more information.



## Out and about



■ Attend a flea market Sunday inside and outside the Kroev Weinbrunnen hall; on Trier-West Hornstrasse, near the Aldi grocery store; at the Bad Kreuznach Kurhaus; at the Koblenz "Alte Viehmarkt" hall and in the Koblenz-Metternich Esso Autobahn area.

■ A Brazilian dance and entertainment show, Karneval de Brasil, takes place Saturday in the Wittlich Atrium Gymnasium School. For tickets, call 0651-145990.

■ Paul Young performs Tuesday in the Kaiserslautern Kammergarn cultural center. For more information call 0651-145990.

■ See the 3rd annual Mosel tennis cup Thursday through Feb. 11 at the Bernastel-Kues Tennis Mosel Park. For more information, call 06531-5080.

■ Trier's annual wine and gourmet festival takes place March 9 through April 8. For details, visit the German language Web site at [www.wein-festival.de](http://www.wein-festival.de).

■ Jazz and swing music by the Glenn Miller Orchestra plays March 23 in the

Trier Europa hall. For tickets, call the Trierischer Volksfreund Press Center at 0651-145990.

■ The Manfred Mann's Earth Band concert takes place March 31 in the Kaiserslautern Kammergarn center. Call 0651-145990.

■ See 'Evita,' a musical by Andrew Lloyd Webber, April 21 in Trier. For details, call 0651-145990.

■ Reserve your tickets now for the "Magic of The Dance" tap dance show April 4 in the Bitburg Edith-Stein school. This is an encore performance. For tickets, call 0651-145990.

■ A concert by Apocalyptica takes place Feb. 13 and a concert by Snails House takes place March 10 in the Kaiserslautern Kammergarn cultural center. For tickets, call 0651-145990.

■ Attend a jazz concert by the Kenny Wheeler Quartet May 3. For details and tickets, call the Trierischer Volksfreund Press Center at 0651-145990.

■ Attend the 31st International Volksmarsch of Malberg May 19-20. Call the Kyllburg tourist information

office at 06563-930244 for details.

■ This year's Rock am Ring open air festival takes place June 1-3 at the famous Nuerburgring race track. Many international performers are scheduled to perform at the festival, which attracts thousands of people annually.

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Information, Tickets and Tours offers the following tours in February. Call the Spangdahlem Air Base Community Activities Center at 452-6567 or the Bitburg Annex community center at 453-7120 for details.

■ Strasbourg, Saturday. Cost is \$39 for adults, \$29 for children ages 3-12.

■ Munich and Dachau, Saturday. Cost is \$75 for adults, \$69 for children ages 3-12.

■ Amsterdam express, Feb. 10. Cost is \$69 for adults, \$65 for children ages 3-12.

■ Köln Cathedral and chocolate museum, Feb. 10. Cost is \$32 for adults, \$29 for children ages 3-12.

■ Paris for Valentine's Day, Feb. 17-

19. Cost is \$499 for couples, \$269 for singles.

■ Dinner and wine probe, Feb. 17. Cost is \$35 per person.

■ Bavarian castles express, Feb. 24. Cost is \$80 for adults, \$75 for children ages 3-14.

■ Maastricht and Applebees, Feb. 24. Cost is \$30 for adults, \$25 for children ages 3-12.

■ Rosenmontag-Fasching parade in Köln, Feb. 26. Cost is \$25 for adults, \$15 for children.

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The outdoor recreation program sponsors the following trips in February. Winter hours are 10 a.m. to 6 p.m. Monday through Friday. Call 452-7176 for details.

■ Cross-country ski trip, Feb. 10, \$30 per person. Minimum age is 16 years old.

■ Castle and Therme 2000 spa, Feb. 11. Cost is \$45 per person with spa, \$20 without. Minimum age is 18 years old, unless accompanied by an adult.

# Wrestlers' four school victory sends team to championships

By Ross Calvert  
Bitburg High School wrestling coach

Bitburg High School swept its competitors in a four-school wrestling meet Saturday to close out the regular season.

The home squad downed Brussels 60-21, Mannheim 67-12 and Supreme Allied Powers Europe 71-12.

Matt Reynolds produced a stellar performance at 140 pounds by pinning all three of his opponents and Matt Holas and Jeremy Wooten, who both wrestled at 215 pounds, also performed well. Wooten pulled off the surprise upset in the match against his SHAPE opponent. Andrew Schenck, Ryan Butler, Jeremy Ponce and Adam Pickett all went undefeated.

The meet served as a warm-up for the Division II Championship Wrestling Tournament this weekend in Hanau, where BHS hopes to retain the division title it won last year. While Mannheim and SHAPE can usually be counted among the tougher Division II opponents, said assistant coach Ethan Lake, at least three of the seven tournament schools are hampered by illness and players out for other school events.

Lake and the other coaches were pleased with the season-ending results, but were also quick to remind team members a difficult week lies ahead.

"Conditioning and drill work, always a staple part of the daily practices, intensified this week to bring the group to its maximum potential," Lake said.

Coaches cautioned against losing sight of the goal for which the team has trained for intensively since the middle of November.

"These athletes have come through a rough week of semester exams and shortened practices," Lake said. "A

number of them are recovering from being sick or injured as well. We have to get them to their peak by Saturday or the whole season's effort goes down the drain."

Individual results:

■112 pounds – Zach Moseman (Brus) dec. Jacob Smith (Bit) 7-0

■119 – Steve Mazzi (Bit) pinned Rob Blair (Mann) 0:18; Craig Campbell (SHAPE) pin Mazzi in 1:15

■125 – Broderick Lockett (Bit) unopposed

■130 – Phillip Ponder (Brus) pin John Gabaldon (Bit) 5:34

■135 – Schenck (Bit) dec. Patrick Hash (SHAPE) 19-4; Hash pin Steve Gutschow (Bit) in 3:56

■140 – Reynolds (Bit) pin Paul Nelson (Mann) 1:52; Reynolds pin David Greene (SHAPE) 4:47; Reynolds pin Andrew Isbell (Brus) 1:12

■145 – Braden Blake (Bit) unopposed

■152 – Ryan Butler (Bit) dec. Tyler Junker (Mann) 15-4

■160 – Ponce (Bit) pin Christian Badea (Brus) 3:10

■171 – Nate Schwemmer (Brus) pin Charlie Pierce (Bit) 1:50

■189 – Pickett (Bit) dec. Ryan Price (Mann) 14-12

■215 – Holas (Bit) pin David Johnson (SHAPE) 0:42; Holas pin Chris Perrell (Brus) 1:35; Wooten (Bit) pin Johnson 3:18

■275 – Max Martinez (Mann) pin Justin Slone (Bit) 0:55; Slone pin Patrick Fry (Brus) 0:59



Staff Sgt. Tim Cook

Rowland Moore, Spangdahlem Sabers forward, puts up a shot while Bo Wright, Sabers center, boxes out Cedric Wells of the Ramstein Rams intramural basketball team. Ramstein claimed victory, 86-75, the Spangdahlem AB fitness center Saturday.

## Eifel sports world

### Spangdahlem Air Base powerlifting

The Spangdahlem AB powerlifting team muscled its way to first place with 10 top-three finishers in the Bavarian Championships Jan. 20 in Hohenfels, Germany. Bad Aibling took second with three top-three finishers and Mannheim claimed third place with one top-three finisher.

Six Spangdahlem lifters won individual medals. Michelle Ott at 123 pounds and Lindsey Bullard at 148 pounds claimed first place in the female division. Ott was also named the best female lifter and broke three Spangdahlem lifting records.

Tobias Adams at 148 pounds, Roger Miller at 181, Max Rippel at 198 and Robin Riley at 242 all claimed first place in their weight divisions. Adams was also voted best male lifter and broke two base lifting records. Robert Hart at 148 pounds, Richard Diaz at 165, Tom Salyer at 198 and Sam McCoy at 220 all took second.

Team Spangdahlem competes Saturday in the U.S. Air Forces in Europe Powerlifting Championships at Royal Air Force Lakenheath, England.

### Rodeo

The Spangdahlem Air Base Rodeo Team seeks members to compete in European competition. Call Travis Beck at 06561-949669 for details.

### Basketball court closure

The Spangdahlem Air Base fitness center basketball court closes Feb. 22-27 for the annual awards banquet. Call 452-6634 for details.

## Lady Barons suffer two tough loses

By Denny Lemmon  
Bitburg High School girl's basketball coach

To remain competitive in DODDS-level basketball, the Lady Barons coaching staff felt the team needed to score at least 10 points a quarter.

It appears that's not enough as the team suffered two disappointing losses, including an overtime heartbreaker this past week against the International School of Brussels. The 48-46 OT loss came Jan. 26 followed by a 45-40 defeat Saturday morning.

The bright spot for BHS girl's basketball remains the Lady Barons junior varsity program. The JV squad extended its winning streak to 23 games during the past three years by beating ISB 41-25 Jan. 26 and again 39-13 Saturday.

The varsity team jumped off to a early 8-5 lead in game one and managed to maintain the lead into the half 23-21. By the end of the third quarter, the Lady Barons owned a comfortable 33-27 lead.

Throughout the game, both teams pressed hard. It paid off for the ISB Lady Red Raiders as the team outscored BHS 15-9 in the final quarter, sending the game into OT. The Lady Barons coaching staff attributed the poor performance in the fourth to missed shots at the free-throw line.

It also didn't help that three key

players missed the entire week because they were attending the Model United Nations in Den Haag, the Netherlands. Team captain and center Brittany Sanders was sick and not able to play. Senior captain Kimberly McLear spent most of the week recovering from an ankle sprain she suffered in the Kaiserslautern game the previous week.

Even without a complete squad, senior Elizabeth Regalado performed admirably, pulling down 10 rebounds and scoring five points in the two-game series. Crystal Bessler led the team with 18 points and seven rebounds. Constance Maziel hit for eight and made five steals. Freshman Janise Russ added seven and McLear contributed six points and seven boards.

Despite the ISB's Kate Tuthill burning the nets for 18 points in the first half of game two, the Lady Red Raiders trailed 23-21 at the half-way point. The Lady Barons adjusted its defense in the second half to slow down Tuthill, and held her to just two second-half points.

Unfortunately, the Lady Barons couldn't keep pace offensively and were outscored 24-17 in the second half.

Senior Wesley Canada put on her best showing of the season, scoring 15, pulling down eight boards and defending Tuthill. Bessler contributed eight points and grabbed nine rebounds. McLear added four points, six boards,

two assists and three steals. Russ scored five and had three rebounds.

### JV action

Junior varsity coach Rik Carr attributes a pressing defense, offensive balance, a strong bench and hitting the boards as the secrets to the squad's success.

Against the Lady Red Raiders JV, the team used its full-court press to dominate its lesser skilled opponent. A fast-paced transition game put up quick points, allowing the JV to roll to two easy victories.

Denesia Roberson led the offensive attack, combining for 21 points in the two games. She also led in rebounding with 19. Russ was the second leading scorer with 20. She also had 10 steals. Katie Carr added 12 points, four rebounds, 11 steals and two assists. Freshman Miranda Lavey posted the best numbers of her young high school career, hitting for 11 points, grabbing three rebounds and making four steals.

### Up next

The Lady Barons travel tonight to Bad Krueznach to compete in a non-league game. It returns to Division I action Saturday against the Heidelberg Lady Lions. The JV squad takes the court at 1 p.m., varsity at 2:30 p.m.